

Primary Care Foot Program

About the Program

The Primary Care Foot Program has been established as a collaborative effort between Froedtert & The Medical College of Wisconsin primary care clinics and The Medical College of Wisconsin Department of Orthopaedic Surgery at Froedtert Hospital. It has been created to provide access for nonoperative foot and ankle disorders, with special focus on the diabetic population. Sarah Kaldem and Sarah Radke were hired to work in conjunction with the Department of Orthopaedic Surgery, physical therapy and specialists in wound care and orthotics/brace fabrication to evaluate and treat foot and ankle problems and to provide nonoperative, preventive care for diabetic patients. Educational programs will also be established for a variety of foot and ankle disorders.

This integrative approach to the diagnosis and treatment of common foot and ankle disorders is designed to concentrate on preventive care for patients with nonoperative foot and ankle needs while facilitating access to specialized care. Diabetic care will include annual examination for diabetic foot care as well as nail, callus and wound care. Orthotic, shoe and brace services will be available to patients at each clinic location. Each clinic location will also be outfitted with appropriate materials for splinting, bracing, nail and callus care.

Patient Care Focus

- Ankle sprains/strains
- Plantar fasciitis/heel pain
- Foot and ankle arthritis
- Nonoperative fracture treatment
- Diabetic foot care
- Nail/callus care
- Orthotic/brace evaluation
- Wound care

Medical College of Wisconsin Staff

Sarah Kaldem, APNP
Nurse Practitioner, Primary Care Foot Program

Sarah Radke, APNP
Nurse Practitioner, Primary Care Foot Program

Clinic Locations

Orthopaedic Surgery Clinic

Froedtert Hospital Specialty Clinics, Level 5
9200 W. Wisconsin Avenue, Milwaukee, WI

Sunnyslope Health Center

1350 Sunny Slope Road, Brookfield, WI

Lincoln Avenue Clinic

11211 W. Lincoln Avenue, West Allis, WI

Community Memorial Medical Commons

W129 N7055 Northfield Drive, B-402
Menomonee Falls, WI

Sargeant Health Center

840 N. 87th Street, Milwaukee, WI

How to Refer Your Patient

To refer your patient to the Primary Care Foot Program, enter a referral through EPIC, searching for “foot.” Choose Primary Care Foot Program as the referral. Central scheduling will contact the patient to schedule an appointment at patient’s preferred location. Currently, the program is only accepting internal referrals. Central scheduling can be contacted with questions regarding this process at **414-805-6655**.

Ordering X-rays

Radiographs will be obtained prior to the patient’s appointment as the responsibility of the referring physician. EPIC will prompt the ordering provider if X-rays are needed and include choices based on patient complaints. Weightbearing films obtained within the last six months are acceptable for chronic problems. For new problems or acute injuries, new films are required. Nail, callus, wound or routine care do not require X-rays. **X-rays are required to be weightbearing except for suspected fractures.**

- Patients with appointments at the Orthopaedic Surgery Clinic can obtain X-rays at the time of their appointment.
- Patients with appointments at the Sunnyslope and Lincoln clinic locations can obtain X-rays at the following locations prior to their appointment:
 - Froedtert Specialty Clinics
 - Plank Road Clinic
 - Springdale Health Center
 - Community Memorial Medical Commons
 - Westbrook Health Center

Forefoot pain (including bunion deformity, hallux rigidus, metatarsalgia, hammertoes)

- Three views of the foot, weightbearing

Ankle or Hindfoot Pain (including general foot pain, flatfoot/posterior tibial tendinitis, ankle sprain, arthritis)

- Three views of the foot, weightbearing
- AP of the ankle, weightbearing

Heel Pain (including plantar fasciitis, Achilles’ tendinitis)

- Lateral heel, weightbearing

