Living Kidney Donation: Giving the Gift of Life

In partnership with:

Children’s Hospital of Wisconsin

Froedtert & Medical College of Wisconsin

National Kidney Foundation of Wisconsin
Objectives

• Discuss who is eligible for living kidney donation and what is involved in the medical evaluation

• Discuss paired kidney donation and the National Kidney Registry

• Discuss how to use social media to find a living donor
Growth of Living Donation

• Deceased donor supply does not meet recipient demand
• Better tissue matching
• Anti-rejection medications offer improved success rates, regardless of tissue matching
Benefits of Living Donation

• Less time on the waiting list
• Recipient will be in optimum health
• Transplant is a scheduled, planned event
• Live donor kidney usually starts functioning earlier
• Better long-term graft survival rates
Living Donor Considerations

- Altruistic
- Must have two kidneys
- Blood group compatible (incompatible - Paired Exchange)
- Age 18-60ish
- Related or unrelated
- In excellent health
- Financial preparedness
- Good support systems
- Commitment
Living Kidney Donor Exclusions

- High blood pressure
- Diabetes
- Heart disease
- Kidney disease
- Cancer
- Obesity
- Active/untreated substance abuse
- HIV positive
Living Kidney Donor Evaluation

- Screening (questionnaire and blood type)
- Medical Testing
- Independent Living Donor Advocate
- Multidisciplinary Evaluation
- Committee
Options for Living Kidney Donation

- Altruistic
- Directed
  - Related
  - Emotionally-related
- Blood Group Incompatible
- Positive Cross-match
- Non-directed in Paired Exchange
  - Local
  - National
Paired Exchange

Swap

Chain

Mother
Donor #1

Son
Rec #1

Husband
Donor #2

Wife
Rec #2

Good Samaritan
Donor

R

D

R

D

R

D

R

D

Etc.
Starting the Conversation

- Recipient should understand their disease and transplant status
- Recipient should discuss their need for an organ transplant with family and friends
- Network outside of immediate family/friends
  - Religious Organization/School/Co-Workers
- Be a steward for organ donation and transplantation
Who is in Your Support System

- Family
- Friends
- Co workers
- Members of religious organizations
- Social clubs
- School – former classmates
- Other Transplant Patients
How Do You Ask?

• Normal to feel apprehensive, scared/worried
• Awareness- educate yourself
• Develop a plan
  1. Enlist a buddy (advocate)
  2. Create a script
     (disclose your medical condition)
  3. Make an outreach list
  4. Get comfortable with your own story- “from the heart”
• Inform - Conversation, e-mail, letter, newsletter, Holiday card, Facebook, Twitter, Website, i.e. www.caringbridge.org
• Thank
Understanding Living Kidney Donor Surgery and After Care

• Please join us on Tuesday, Sept. 22, 2015 @ 6 p.m.

• Discussion about medical care and surgical aspects of donation

• Information about financial, insurance, and medication aspects
Living Kidney Donation: What is it Really?

• Please join us on Tuesday, Oct. 6, 2015 @ 6 p.m.

• Panel discussion with living donors and transplant recipients
Thank You

A special thanks to our partners at the National Kidney Foundation of Wisconsin.

For more information:
http://www.kidneywi.org/
www.kidneyregistry.org
www.transplantliving.org
www.ustransplant.org
www.unos.org