Welcome to the GI Diagnostic Lab at Froedtert & the Medical College of Wisconsin. The information in this packet will guide you through all the steps involved in your visit.

**You are scheduled for a liver biopsy**

Date: ______________________

You will find the following in this packet:

- Appointment Confirmation (page 1)
- Explanation of Procedure (page 2)
- Preparing for Your Procedure (page 3)
- A map to the GI Diagnostic Lab (page 4)

Please review the information below so that you are prepared for your procedure.

A nurse will call you one week before your procedure. The nurse will review your health history, current medications, and go over the prep instructions. The nurse will answer any questions you have about the procedure.

If you have questions before the nurse contacts you please call 414-805-2499 and leave a message on the nurse line. Your call will be returned by the next business day.

To cancel or reschedule your procedure, call 414-805-2901 “option 2” (Monday-Friday, 8 a.m.-4:30 p.m.). Please call to cancel or reschedule at least 24 hours before your procedure.

You should call your insurance carrier to confirm your benefits before your procedure.

It is our goal to provide you with the best experience when you visit Froedtert & the Medical College of Wisconsin. If at any time we do not meet your expectations, we want to hear from you so we can improve any future care you may need. Thank you for allowing us to be part of your care and for choosing Froedtert & the Medical College of Wisconsin.

Kia Saeian, MD  Curtiss Elliott, RN, MPA
Medical Director, GI Diagnostic Lab  Manager, Gastroenterology

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Explanation of Procedure

What is a liver biopsy?

During a liver biopsy, the doctor examines a small piece of tissue from your liver for signs of damage or disease. A special needle is used to remove the tissue from the liver. Looking at the liver tissue is the best way to determine whether the liver is healthy or what is causing it to be damaged.

What can I expect the day of my procedure?

Your procedure will take place in the GI Diagnostic Lab, which is located on the main floor of the hospital. Your procedure will take about four hours from the time you arrive until you are discharged home. First, you will check in at the front desk. Shortly after you complete the check-in process, a nurse will assist you with changing into a hospital gown. Once you have changed, a nurse will take you to the pre procedure area and review your medical history.

When the physician is ready, you will be taken to a procedure room. You will be attached to a monitor that will watch and record your vital signs. The physician will explain the procedure and answer any questions you may have. You will be asked to sign a consent form allowing the doctor to perform the procedure.

What happens after the procedure is over?

Once your doctor has completed the procedure, you will be transferred to the recovery area. A nurse will continue to monitor your vital signs until it is safe to send you home. Before you go home, the nurse will review your written discharge instructions and provide a brief summary of your exam. The biopsy results will be sent to you and your physician within 7-10 working days. You will also receive a phone call from a nurse within a few days after your procedure to see how you are feeling.

We encourage you to arrange for someone to drive you home. Your physician may require that you have a ride arranged before they complete your procedure. This will be confirmed when you check in for your procedure.
Preparing for Your Procedure

How to Prep for a Liver Biopsy

**Two weeks before your procedure:** Date____________________

- Contact your doctor if you are taking Coumadin, Heparin, Plavix or any other blood thinners. Verify if it is OK for you to hold these medications up to **seven (7) days** before your procedure

**Seven days before your procedure:** Date____________________

- Do **not** take aspirin, blood thinners or anti-inflammatory medications such as ibuprofen, Advil®, Aleve® or Motrin®, seven (7) days before your procedure. You may take Tylenol® (acetaminophen)

**Day of procedure:** Date____________________

- Take regularly scheduled prescriptions with the exception of blood thinners and diabetic medications
- Do not eat or drink four (4) hours before your procedure
- Be prepared to let us know your transportation arrangements. This will be confirmed on admission to the GI Diagnostic Lab
**Directions to Froedtert Hospital Entrance**

Please park in the Parking Area 1 structure.

**From Wisconsin Avenue:**
- You are in the Parking Area 1 structure.
- Follow hospital entrance, a circular drive, follow signs directing you to the Parking Area 1 structure.
- Turn south on 87th Street and continue through a stop light at the Froedtert Hospital Entrance, a circular drive. Follow signs directing you to the Parking Area 1 structure.

**From Watertown Plank Road:**
- Turn south on 87th Street and continue through a stop light at the Froedtert Hospital Entrance, a circular drive. Follow signs directing you to the Parking Area 1 structure.

**From Watertown Plank Road:**
- Turn south on 92nd Street and then right at the Froedtert Hospital Entrance, a circular drive. Follow signs directing you to the Parking Area 1 structure.

**Please Note:** All of our parking structures and surface lots have accessible parking closest to building entrances. Entrances from our parking structures are all equipped with power doors. For more detailed information visit froedtert.com (Locations & Directions, Transportation and Parking Services).


The Froedtert & The Medical College of Wisconsin mailing address is: 9200 W. Wisconsin Ave, Milwaukee, WI 53226.
Directions to GI Diagnostic Clinic
From Parking Area 1 structure.
• Enter Level 2
• Travel through the Froedtert Hospital lobby to the C Elevators
• Turn right at the C Elevators and head to the back hallway
• The check in desk for the GI Diagnostic Clinic is straight ahead

Questions? Call 414-805-3666, toll free 1-800-272-3666 or visit froedtert.com

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