Defacography/Dynamic Proctogram – Outpatient

Your doctor has ordered a Defacography/Dynamic Proctogram to be conducted in the Fluoroscopy Department on the 2nd level of the Froedtert Hospital.

Appointment Time: ________________ If you are not able to keep your
Information Day: ________________ appointment, please call
Date: ________________ (414) 805-3700.

WHAT IS A DEFACOGRAPHY/DYNAMIC PROCTOGRAM?

This exam allows the doctor to visualize what occurs when emptying your rectum. An x-ray will be taken to see if your rectum is clean to do a proper exam. Barium paste will be placed in the rectum and occasionally for women it will be also be placed in the vagina. In a seated or standing position you will be asked to rest, bear down and strain certain muscles while x-rays are taken.

SPECIAL INSTRUCTIONS

• If you are pregnant (or think you may be pregnant), or if you are nursing a baby, please inform the radiology staff
• Please notify the technologist staff if you have any allergies to medicines.
• On the day of your exam, please bring with you a list of the medications you are presently taking.
• Total time for your visit in the Fluoroscopy department may be up to 1 ½ hours.

PREPARATION FOR THE EXAM

• The night prior to the exam, do a Fleet enema
• The day of the exam, 2-3 hours prior to the exam do a Fleet enema
• Plan to arrive 45 minutes prior to your scheduled appointment time. At this time you maybe asked to drink a cup of barium to complete the preparation for your exam

DURING YOUR EXAM

Your exam will begin once the barium you were asked to drink prior to your exam time has reached the small intestines; (see PREPARATION FOR THE EXAM above). The defacography/dynamic proctogram exam itself will only take approximately 20-30 minutes. Barium will be placed in your rectum. You may be asked to rest, bear down and tighten your muscles while laying on your left side.
Either the barium will be drawn out by syringe and air will be injected or the barium will remain in the rectum. Then the table will be put into the upright position, with you either sitting on a special chair made just for this exam or will be standing. The radiologist will then ask you to push out the barium (or air) as they take a rapid sequence of images.

**AFTER THE EXAM**

You may eat and drink, and take your required medications.

Your doctor will inform you of the results.

REMEMBER - our staff is here to assist you. If you have any questions about any part of this test, please ask

**Please arrive 10 minutes prior to your scheduled appointment. To park, enter the campus on 92nd street and go to Parking Area 1. Take the A elevators to enter the hospital lobby on the second floor. Follow the signs to Fluoroscopy and check-in at the reception desk.**
Directions to Froedtert Hospital Entrance

Please park in the Parking Area 1 structure.

From Watertown Plank Road:
Turn south on 92nd street and continue through a stop light at West Connell Court. Turn left at the Froedtert Hospital Entrance, a circular drive. Follow signs directing you to the Parking Area 1 structure.

From Wisconsin Avenue:
Turn north on 92nd Street and then right at the Froedtert Hospital Entrance, a circular drive. Follow signs directing you to the Parking Area 1 structure.

Once Parked:
Please Note: All of our parking structures and surface lots have accessible parking closest to building entrances. Entrances from our parking structures are all equipped with power doors. For more detailed information visit froedtert.com (Locations & Directions, Transportation and Parking Services).

Questions? Call 414-805-3666 or visit froedtert.com