Gastric Emptying — Outpatient

Your doctor has ordered a Gastric Emptying test to be conducted in the Nuclear Medicine department on the 2nd level of the 87th Street Specialty Clinics building.

Appointment Time: ______________________ If you are not able to keep your
Information Day: ______________________ appointment, please call
Date: ______________________ (414) 805-3771.

If you are pregnant (or think you may be pregnant), or if you are nursing a baby, please inform your doctor before your appointment is scheduled.

WHAT IS A GASTRIC EMPTYING TEST?
This test will assist the doctor in determining how long it takes food to leave your stomach. You should fast (eat or drink nothing by mouth) overnight prior to your examination day.

When you are escorted to the department you will be served a meal or a drink labeled with a special tracer, dependent upon the type of exam your doctor has ordered. The liquid meal will require you to lie on a table for 2 hours and drink Ensure. The solid meal will consist of a beef stew with the tracer in a small amount of cooked chicken liver. For this test, you will be required to stand next to a camera every 10 minutes.

The complete test can last up to 3 hours.

AFTER THE TEST
After you leave the department, a Nuclear Medicine physician will carefully study the results and prepare a written report within 24 hours.

Your doctor will inform you of the results.

REMEMBER...our staff is here to help you. If you have questions about any part of this test, please ask.
Please arrive 10 minutes prior to your appointment to complete the registration process. To find Nuclear Medicine, enter the campus on 87th street. Follow the signs to Parking Area 3. Take the parking structure elevator to level D. The bridge leads to the 2nd level of the Specialty Clinics Building. Follow the signs to Nuclear Medicine.

SPECIAL INSTRUCTIONS
Directions to Specialty Clinics Building

Please park in Parking Area 3 structure.

From Watertown Plank Road via 92nd Street:
Turn south on 92nd Street and continue through a stop light at West Connell Court. Turn left on Doyne Avenue. Follow signs directing you to Parking Area 3 structure.

From Watertown Plank Road via 87th Street:
Turn south on 87th Street. You'll come to a stop sign at East Connell Court. Turn left and continue south on 87th Street. Turn right on William Coffey Drive and follow signs directing you to Parking Area 3 structure.

From Wisconsin Avenue:
Turn north on 87th or 92nd Street and then onto Doyne Avenue. Follow signs directing you to Parking Area 3 structure.

Once Parked:
The Specialty Clinics Building will take you to the second floor of the building.

Questions? Call 414-805-3666 or visit froedtert.com

Please Note: All of our parking structures and surface lots have accessible parking closest to building entrances. Entrances from our parking structures are all equipped with power doors. For more detailed information visit froedtert.com (Locations & Directions, Transportation and Parking Services).

Please park in Parking Area 3 structure.