Arthrogram/Joint Injection - Outpatient

Your doctor has ordered an Arthrogram or a Joint Injection exam to be conducted in the Fluoroscopy department on the 2nd level of the Froedtert Hospital.

Appointment Information

<table>
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<tr>
<th>Date</th>
<th>Time:</th>
<th>If you are not able to keep your appointment, please call (414) 805-3700.</th>
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WHAT IS AN ARTHROGRAM OR JOINT INJECTION?

An Arthrogram exam evaluates the internal parts of your joint (called soft tissue). Many conditions such as arthritis, injuries, or infections can damage these parts. A joint injection is a procedure in which medication or contrast is injected into the joint space to either alleviate pain or to assist in a follow up imaging exam such as MRI.

SPECIAL INSTRUCTIONS:

- If you are pregnant (or think you may be pregnant), or if you are nursing a baby, please inform the radiology staff.
- Please inform the technologist if you have any allergies to medicines or contrast.
- Please notify the technologist if you have asthma or are allergic to iodine or shellfish.
- On the day of your exam, please bring with you a list of the medications you are presently taking.

PREPARATION

There is no special preparation for the test. The test takes about 30-45 minutes.

You will be asked to lie on the x-ray table. The radiologist will inject a medicine to numb your joint area. A second injection of contrast or medicine will be given into the joint. X-ray images may be taken during the procedure.

AFTER THE TEST

You may resume normal activities unless otherwise instructed by your doctor.

REMEMBER… our staff is here to help you. If you have questions about any part of this test, please ask.

Please arrive 10 minutes prior to your scheduled appointment. To park, enter the campus on 92nd street and go to Parking Area 1. Take the A elevators to enter the hospital lobby on the second floor. Follow the signs to Fluoroscopy and check-in at the reception desk.
Directions to Froedtert Hospital Entrance

Please park in the Parking Area 1 structure.

From Watertown Plank Road:
- Turn south on 92nd street and continue through a stop light at West Connell Court.
- Turn left at the Froedtert Hospital Entrance, a circular drive.
- Follow signs directing you to the Parking Area 1 structure.

From Wisconsin Avenue:
- Turn north on 92nd Street and then right at the Froedtert Hospital Entrance, a circular drive.
- Follow signs directing you to the Parking Area 1 structure.

Once Parked:
- Please Note: All of our parking structures and surface lots have accessible parking closest to building entrances. Entrances from our parking structures are all equipped with power doors.
- For more detailed information visit [froedtert.com](http://froedtert.com) (Locations & Directions, Transportation and Parking Services).

Questions? Call 414-805-3666 or visit [froedtert.com](http://froedtert.com)