To Your Health!

Pharmacological Stress Test Cardiac Imaging – Outpatient

Your doctor has ordered a Pharmacological Stress Test Cardiac Imaging to be conducted in the Nuclear Medicine department on the 2nd level of the 87th Street Specialty Clinics building.

Appointment Time: ______________________
Information Day: ______________________
Date: ______________________

If you are not able to keep your appointment or have other questions please call Nuclear Medicine at (414) 805-3771. We are open Monday thru Friday, 8:00am-4:30pm.

SPECIAL INSTRUCTIONS:
If you are pregnant (or think you may be pregnant), or if you are nursing a baby, please inform your doctor before your appointment is scheduled.

If you are diabetic, you may be asked to take half your usual morning dose of insulin and eat a light breakfast.

You should not eat, drink or smoke after midnight the night before the test. You may drink water.

DO NOT drink beverages with caffeine in them (such as coffee, tea, colas, hot cocoa, or eat chocolate) the day before the test. Please do not drink decaffeinated beverages because they do contain some caffeine.

Tell your doctor if you are taking Theophylline, Aggrenox, or any other breathing medications. You need to be off Aggrenox for 24 hours and Theophylline for 48 hours prior to the test. Inhalers for breathing should continue to be used.

*Please bring a list of your medications with you along with your inhalers.

WHAT IS PHARMACOLOGICAL STRESS TEST CARDIAC IMAGING?
Pharmacological Stress Test Imaging will check the blood perfusion of your heart. This test takes about 3 to 4 hours.

During the first part of the test, an I.V. will be started in your arm. You will receive an injection of a radioactive tracer. You will then lie on an imaging table while a large camera takes pictures of your heart. This will take about 25 minutes.
You will receive a medication through your I.V. Your blood pressure and heart rhythm (EKG) will be monitored for 20 minutes. After this time, another radioactive tracer that shows blood perfusion of your heart will be injected into your I.V.

1. It will take approximately 45 minutes for the tracer in your body to be ready for imaging.
2. During this time you should be allowed to eat and drink.

After the procedure is reviewed, your referring doctor will inform you of the results.

REMEMBER . . . our staff is here to help you. If you have questions about any part of this test, please ask.

Please arrive 10 minutes prior to your appointment to complete the registration process. To find Nuclear Medicine, enter the campus on 87th street. Follow the signs to Parking Area 3. Take the parking structure elevator to level D. The bridge leads to the 2nd level of the Specialty Clinics Building. Follow the signs to Nuclear Medicine.

AFTER THE TEST

Follow up with your physician for results. You may resume your regular activity and diet.
Directions to Specialty Clinics Building

Please park in Parking Area 3 structure.

From Watertown Plank Road via 92nd Street:
Turn south on 92nd Street and continue through a stop light at West Connell Court, to Doyne Avenue. Turn left on Doyne.

From Watertown Plank Road via 87th Street:
Turn south on 87th Street. You'll come to a stop sign at East Connell Court. Turn left and continue south on 87th Street. Turn right and follow signs directing you to Parking Area 3 structure.

From Wisconsin Avenue:
Turn north on 87th or 92nd Street and then onto Doyne Avenue. Turn onto William Coffey Drive and follow signs directing you to Parking Area 3 structure.

From Westconnell Avenue:
Turn south on 87th Street and then onto Doyne Avenue. Turn one block onto William Coffey Drive and follow signs directing you to Parking Area 3 structure.

Questions? Call 414-805-3666 or visit froedtert.com

Please Note: All of our parking structures and surface lots have accessible parking closest to building entrances. Entrances from our parking structures are all equipped with power doors. For more detailed information visit froedtert.com (Locations & Directions, Transportation and Parking Services).