Speech Therapy
Swallow (Dysphagia) Assessment – Outpatient

Your doctor has ordered a Speech Therapy Swallow Assessment to be conducted in the Fluoroscopy department on the 2nd level of the Froedtert Hospital.

<table>
<thead>
<tr>
<th>Appointment Information</th>
<th>Time: __________________________</th>
<th>If you are not able to keep your appointment, please call (414) 805-3700.</th>
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<td>Day: __________________</td>
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WHAT IS DYSPHAGIA?
Dysphagia is an impairment in the swallowing mechanism, either in the mouth or throat, which may result in difficulty tolerating food and/or liquid. This may cause food and/or liquid to enter the airway and reach the lungs, resulting in possible pneumonia. To assist in the diagnosis and management of dysphagia, work-up by a speech-language pathologist may be indicated. This assessment is completed through a video fluoroscopic swallow study.

VIDEO FLUOROSCOPIC SWALLOW STUDY
Purpose: Your swallow mechanism will be examined under x-ray to view the food and liquid as it moves through your mouth and throat. Problems that cause dysphagia may then be diagnosed and a treatment plan determined.

DURING THE PROCEDURE
You will be taken to the radiology department on a cart or wheelchair. You will then be moved onto a special chair that you will remain on throughout the test. The speech-language therapist will provide you with various trials of liquids, purees, and a cookie to assess your ability to swallow. These items are mixed with a barium powder to help visualize the swallowing process with the use of fluoroscopy (x-ray). A radiologist is present to manage the fluoroscopy and assist in diagnosing dysphagia. This procedure will be videotaped for review after the exam and to maintain a record of the exam.

Form #4842 Rev 03/11
REMEMBER...our staff is here to help you. If you have questions about any part of this test, please ask.

**AFTER THE PROCEDURE**
The speech-language therapist will discuss the results of the study with you. Diet recommendations and feeding/swallowing guidelines will be provided. If you are at risk for aspiration, temporary tube placement through your nose or stomach may be considered for feeding and medication purposes; this will be discussed under the direction of your physician. Therapy may then be started to help you swallow safely.

Please arrive 10 minutes prior to your scheduled appointment. To park, enter the campus on 92nd street and go to Parking Area 1. Take the A elevators to enter the hospital lobby on the second floor. Follow the signs to Fluoroscopy and check-in at the reception desk.
Directions to Froedtert Hospital Entrance

Please park in the Parking Area 1 structure.

From Watertown Plank Road:
- Turn south on 92nd street and continue through a stop light at West Connell Court. Turn left at the Froedtert Hospital Entrance, a circular drive. Follow signs directing you to the Parking Area 1 structure.

From Wisconsin Avenue:
- Turn north on 92nd Street and then right at the Froedtert Hospital Entrance, a circular drive. Follow signs directing you to the Parking Area 1 structure.

Once Parked:
Please Note: All of our parking structures and surface lots have accessible parking closest to building entrances. Entrances from our parking structures are all equipped with power doors. For more detailed information visit froedtert.com (Locations & Directions, Transportation and Parking Services).

Questions? Call 414-805-3666 or visit froedtert.com.