To Your Health!

Thyroid Image and/or Uptake – Outpatient

Your doctor has ordered a Thyroid Image and/or uptake to be conducted in the Nuclear Medicine department on the 2nd level of the 87th Street Specialty Clinics building.

Appointment Time: ____________________________ If you are not able to keep your appointment, please call (414) 805-3771.
Information Day: ____________________________
Date: ____________________________

BEFORE THE TEST

If you are pregnant (or think you may be pregnant), or if you are nursing a baby, please inform your doctor before your appointment is scheduled.

On the day of your examination, please bring with you a list of your allergies and all medications you are presently taking. The technologist will request this list at the time of your examination.

WHAT ARE THYROID IMAGE AND UPTAKE EXAMS?

The Thyroid Image and Uptake exams will help detect most abnormalities in your thyroid. The thyroid gland helps keep the body in physical and chemical balance.

Do not eat or drink for 4 hours prior to your appointment. Please inform your doctor if you are taking thyroid medications or lithium, or if you recently had an x-ray or CT scan requiring pills or an injection.

THYROID IMAGE:

If you are having a thyroid image, you will be given an oral medication or an intravenous injection. If you are given the oral medication you will need to return after six hours for your thyroid image.

THYROID UPTAKE:

If you are having a thyroid uptake, you will be given an oral medication. A measurement over the thyroid gland will be taken five hours later and the next day. (Note: The Nuclear Medicine Technologist will tell you what time to return the next day for the delayed thyroid measurement.)

You will be asked to sit in a chair. A small probe will be placed in front of your neck. This probe detects changes in the function of the thyroid gland.

AFTER THE TEST

After you leave the department, a doctor who specializes in Nuclear Medicine will carefully study the images and prepare a written report within 24 hours. Your doctor will inform you of the results.

REMEMBER...our staff is here to help you. If you have questions about any part of this test, please ask.

Please arrive 10 minutes prior to your appointment to complete the registration process. To find Nuclear Medicine, enter the campus on 87th street. Follow the signs to Parking Area 3. Take the parking structure elevator to level D. The bridge leads to the 2nd level of the Specialty Clinics Building. Follow the signs to Nuclear Medicine.
Directions to Specialty Clinics Building

Please park in Parking Area 3 structure.

**From Watertown Plank Road via 92nd Street:**
- Turn south on 92nd street and continue through a stop light at West Connell Court. Turn left on Doyne Avenue. Turn left at Doyne signs directing you to Parking Area 3 structure.

**From Watertown Plank Road via 87th Street:**
- Turn south on 87th Street. You'll come to a stop sign at East Connell Court. Turn left and continue south on 87th Street. Turn north on 87th Street until you arrive at Parking Area 3 structure.

**From Wisconsin Avenue:**
- Turn north on 87th or 92nd Street and then onto Doyne Avenue. Turn onto William Coffey Drive and follow signs directing you to Parking Area 3 structure.

**From Wisconsin Avenue:**
- Turn north on 87th or 92nd Street and then onto Doyne Avenue. Turn onto William Coffey Drive and follow signs directing you to Parking Area 3 structure.

**Questions? Call 414-805-3666 or visit froedtert.com**