To Your Health!

Pelvic (Obstetrical) Ultrasound – Outpatient

Your doctor has ordered an ultrasound examination of your pelvis to be conducted in the Froedtert Hospital Radiology department on the 2nd floor of the Froedtert Specialty Clinics. Please report directly to the radiology reception area.

You are scheduled for an US of your Pelvis on ___________________________ at ____________________________

(day/date) (time)

** If you are not able to keep your appointment, please call (414) 805-3700. **

Parking Information: (refer to map on last page) Please park in the following area. □ Parking Area Three (3)

Beginning January 1st, 2011 parking for patients and visitors will be free. Make sure you bring your parking ticket in to get it validated.

***Per our hospital policy, children under 18 must be supervised by a responsible adult, that is not the patient.***

WHAT IS AN ULTRASOUND?

The Ultrasound examination will assist the doctor in evaluating your condition. An ultrasound is a test which utilizes a high frequency sound wave similar to that of sonar. (Similar to how a ship searches for a submarine)

There is no radiation involved in this exam and may take anywhere from 30 to 60 minutes. During your examination, you will be asked to lie on your back on the ultrasound cart. Warm ultrasound gel, which helps to transmit sound waves, is then applied to the body area to be examined.

Because we are a teaching facility, there may be both ultrasound students and radiology residents that will participate in your exam.

Obstetrical patients should keep in mind that this is a medical examination of the baby and therefore no pictures will be given out.

PREPPING FOR YOUR EXAM

For the ultrasound examination of the organs of the pelvis or obstetrical ultrasound, you will need to come to the Radiology department with a full bladder. Please eat your regularly scheduled meals and take any medications that
you normally take. Please drink 32oz. of liquid 1 hour prior to your appointment. This may include water, coffee, tea, and soda.

ARRIVAL

Please arrive 15 minutes prior to your appointment time. Upon arrival, you will be asked about your comfort level in regards to the fullness of your bladder. If you believe you have come with a full bladder, we will do our best to get you into the exam room right away. If you feel your bladder is not full enough to provide our radiologist with proper images, we will give you some water to drink to help fill your bladder. You will also be instructed to complete a health history questionnaire. This will provide the sonographer and radiologist with the information they need to accurately perform and read your study.

If you are unable to hold your bladder, please arrive 30 minutes prior to your appointment so that you can begin drinking in the department.

Because we feel very strongly about providing high quality patient care to all of our patients, we ask that you arrive on time for your appointment. If you arrive more than 15 minutes past your appointment time, we will do our best to accommodate you, but may ask you to reschedule or wait until our next available appointment opens up. We appreciate your attention to this and hope this will help us serve you better.

WHAT IS A PELVIC ULTRASOUND?

There are 2 parts of a pelvic ultrasound: an abdominal ultrasound and a transvaginal ultrasound. For the abdominal portion, warm ultrasound gel will be applied and the ultrasound “probe” will be moved back and forth across the lower abdomen. For the second part of the exam, your bladder will need to be emptied and an internal probe will be placed inside the vagina to better visualize the ovaries and uterus. If you have further questions, the sonographer will answer them in the exam room.

AFTER THE TEST

After the sonographer has finished the ultrasound examination of your pelvis, he/she may step out of the exam room to review the images with the radiologist. The doctor may wish to scan your pelvis, as well, to assist him/her in reading your exam. The ultrasound gel will then be removed from your abdomen and you will be free to get dressed and leave. The report will be available to your ordering doctor within 2-3 business days and we encourage you to discuss the results with him or her. If you are using MyChart, your results will be released after 5 days.

FOR FURTHER INFORMATION

Patients are encouraged to call with any concerns or questions regarding their exam. The US Department can be reached at (414) 805-3720 anytime. We are here to serve you 24 hours a day.

Remember…our staff is here to help you. If you have any questions about the procedure, please ask.

Thank you for choosing Froedtert
Please park in Parking Area 3 structure.

**From Wisconsin Avenue:**
Turn north on 87th Street and then west (left) on Doyne Avenue. Take first right onto William Coffey Drive and follow signs directing you to the Parking Area 3 structure.

**From Watertown Plank Road:**
Turn south on 87th Street. You'll come to a stop sign at East Connell Court, turn left and continue south on 87th Street. Turn right on Doyne Avenue. Take first right onto William Coffey Drive and follow signs directing you to Parking Area 3 structure.

**Once Parked:**
The parking bridge will take you to the 2nd floor of the Specialty Clinics Building.

Questions? Call 414-805-3666 or visit froedtert.com

The Froedtert & The Medical College of Wisconsin mailing address is: 9200 W. Wisconsin Ave, Milwaukee, WI 53226