Your doctor has ordered an Upper G.I. (stomach x-ray) to be conducted in the Fluoroscopy department located on the 2nd level of the Froedtert Hospital.

<table>
<thead>
<tr>
<th>Appointment Information</th>
<th>Time:</th>
<th>If you are not able to keep your appointment, please call (414) 805-3700.</th>
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<tbody>
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<td>Day:</td>
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<tr>
<td>Date:</td>
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If you are pregnant (or think you may be pregnant), or if you are nursing a baby, please inform your doctor before your appointment is scheduled.

On the day of your examination, please bring with you a list of your allergies and all medications you are presently taking. The technologist will request this list at the time of your examination.

**WHAT IS AN UPPER G.I.?**

The Upper G.I. will allow the doctor to check the function of your stomach. The exam will take about 1 hour.

During the exam, you will be given a white thick liquid (barium) and possibly some gas releasing crystals to drink. The radiologist will take several images with you in different positions. You will remain in the x-ray room until the radiologist checks all of the images.

If a small bowel x-ray is ordered, you will stay in the x-ray department until the barium has passed from your stomach through the small bowel and into the large bowel. This can take up to several hours. More images are taken periodically during this time.

**BEFORE THE EXAM**

After midnight before the exam:

1. Do not eat or drink.
2. Do not take your medicine unless instructed to do so by your doctor.
3. Do not smoke.
4. Do not chew gum.
If you are diabetic:

1. You should have a morning appointment.
2. Do not eat or drink after midnight before the exam.
3. Do not smoke or chew gum.
4. Bring your insulin and something to eat along with you when you come for your x-ray. You will be able to take your insulin and eat when your x-ray is done.

AFTER THE EXAM
You may eat and drink, and take your required medications. Your bowel movements may have a light brown to white color for a few days. You should increase your fluids and fiber until your bowel movement returns to normal color. You may use a stool softener (milk of magnesia or similar product) if needed.

Your doctor will inform you of the results of the exam.

REMEMBER...our staff is here to help you. If you have questions about any part of this test, please ask.

Please arrive 10 minutes prior to your scheduled appointment. To park, enter the campus on 92nd street and go to Parking Area 1. Take the A elevators to enter the hospital lobby on the second floor. Follow the signs to Fluoroscopy and check-in at the reception desk.

Special Instructions
Directions to Froedtert Hospital Entrance

Please park in the Parking Area 1 structure.

From Watertown Plank Road:
Turn south on 92nd street and continue through a stop light at West Connell Court. Turn left at the Froedtert Hospital Entrance, a circular drive. Follow signs directing you to the Parking Area 1 structure.

From Wisconsin Avenue:
Turn north on 92nd Street and then right at the Froedtert Hospital Entrance, a circular drive. Follow signs directing you to the Parking Area 1 structure.

Once Parked:
Please Note: All of our parking structures and surface lots have accessible parking closest to building entrances. Entrances from our parking structures are all equipped with power doors. For more detailed information visit froedtert.com (Locations & Directions, Transportation and Parking Services).

Questions? Call 414-805-3666 or visit froedtert.com