

ENT CAMP UPDATE

An international collaboration with the otolaryngologists at Moi Teaching and Referral Hospital, Eldoret, Kenya

A History of ENT Camps

Susan Cordes, MD

The partnership began with an exploratory visit in 2009 followed by the first ENT Camp in 2010. There has been a camp every February since then except in 2017 when there was a physicians' and nurses' strike that affected the hospital. In 2018, a group from the University of Alberta also held a camp.

Several otolaryngologists, primarily from IU, have participated over the years. In addition, residents and students from IU, Medical College of Wisconsin, and UCSD have come along.

Generally, camp completes between 30 and 50 cases depending on the participants and available OR time. In addition, patients are seen in clinic. Since 2015, research has also been an active part of each camp.

We appreciate the support of the MTRH staff and all of our US and Kenyan friends. We look forward to continuing our friendships in Eldoret.



MTRH Otolaryngologists (L to R): Drs. Henry Ngoitsi, Makaya Denge, Owen Menach, and Titus Sisenda

MTRH Otolaryngologists Participate in February 2019 ENT Camp

Bruce Campbell, MD

The four MTRH otolaryngologists spent time in theatre during the February 2019 ENT Camp, collaborating on a variety of cases, primarily Head/Neck, Rhinology, and Peds OTO. During the six OR days, the team did 31 cases, including eleven thyroidectomies, four FESSs, a parotidectomy, a branchial cleft cyst, two thyroglossal duct cysts, two submandibular gland excisions, a large facial mass with reconstruction, and a large neck lipoma.

Joining the team in camp were two Nairobi ENT PGY-4 residents, Dr Kareithi Wilson and Dr. John Mwai as well as two practicing otolaryngologists (and friends of Henry Ngoitsi's), Dr. Geoffrey Otumu from Kiisi and Dr. Kelly Okumu from Kericho.

UCSD Residents Continue Outcomes Research



L to R: Aria Jafari, MD, Sarek Shen, Bharat Panuganti, MD, and Robert Saddawi-Konefka, MD PhD

Led by otolaryngology chief resident Aria Jafari, MD, the UC-San Diego team split its time between completing IRB-approved outcomes and quality of life studies in the ENT Clinic and participating in theatre. Dr. Jafari, who has attended three camps, provides continuity. Prior camp patients came back for long-term follow-up examinations and to complete SF-36 quality of life and/or SNOT-22 sinus questionnaires in either an English or a validated Swahili version.

Publications

Jafari A, et al, Thyroid Surgery in a Resource-Limited Setting. *Otolaryngol Head Neck Surg.* 2017 03; 156(3):464-471. PMID: 28025932.

Jafari A, et al. Impact of Humanitarian Experiences on Otolaryngology Trainees: A Follow-up Study of Travel Grant Recipients. *Otolaryngol Head Neck Surg.* 2017 06; 156(6):1084-1087. PMID: 28301300.

MTRH Otolaryngologists... (from page 1)

Their help was particularly valuable for a woman who was, at the last minute, felt to be a poor surgical candidate; they stepped in to explain the situation to her in Bantu as well as Swahili, helping her understand the decision making in her own language.

North Americans included Team Leader Susan Cordes, MD and Kyle Cordes from Ukiah CA, Bruce Campbell, MD and Kathi Campbell, RN from Milwaukee WI, Diana Sullivan, RN from Indianapolis, three residents from UC-San Diego (Aria Jafari, MD, Bharat Panuganti, MD, and Robert Saddawi-Konefka, MD), and UCSD Masters in Clinical Research student Sarek Shen.

Over 60 Kenyans, some old and some new friends, helped in Camp and were awarded certificates of participation.

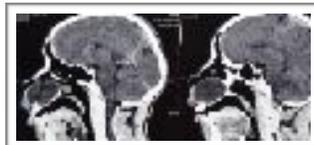
Educational activities

In theatre, the camp stressed anatomic dissection, surgical technique, including basic and advanced skills, and nerve identification and preservation. Both Kenyan and US physicians participated in every case.

In addition, Robert Saddawi-Konefka, MD PhD provided a lecture on the anatomy of the balance system to a group of MTRH medical students. "They were well prepared," Rob noted.



Snapshots from the 2019 ENT Camp



***Special Thanks -
ASANTE SANA!***

We are very grateful to *all* of our supporters, donors, and friends who make this possible. Thanks to the reps who go the extra mile and come up with supplies. Thanks to the friends at our home institutions who set aside great items that would otherwise end up in landfills. Thanks to the people at AMPATH who have built a remarkable partnership and infrastructure that makes our trips possible. Thanks to our great friends and colleagues at MTRH who prepare for our visits, arrive early, stay late, and work tirelessly for the patients.

ENT Camp 2020

Tentative dates: February 2 - 14, 2020 (subject to change)

For information, contact Susan Cordes, MD (susancordes@att.net) or Bruce Campbell, MD (bcampbell@mcw.edu).

For a fun sampling of what camp and safari are like, check out Cordes Travels (www.cordestravels.blogspot.com)

Ways to Help

Surgical supplies are always welcome. We can always use “disposable expensive” items (Bovie pads, bipolars, FloSeal, etc.)

Financial support:

Online via AMPATH site: <https://bit.ly/2GK1Zpg>

Please include **ENT Camp** under *Additional Comments*.

Mail:

Support for AMPATH/Kenya ENT Camp
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