



Professional Development: **Deliver Excellence, Act Now**

Nursing Certification Voucher Program — Critical Care

Achieving nursing certification promotes nursing excellence and reinforces the special knowledge and skills required for working with our patients. Through the American Nurses Credentialing Center (ANCC), nurses are offered targeted exams to demonstrate their specialty and achieve recognition for their expertise on the latest nursing practice standards. Nurses at Froedtert Menomonee Falls and Froedtert West Bend Hospitals are encouraged to become certified in their specialty areas and are supported through the process. In 2022, Jaime Uecker, MSN, RN, CCRN, in collaboration with nursing leadership, worked to obtain 30 vouchers from the American Association of Critical Care Nurses (AACN) to provide pre-paid exam fees for nursing staff planning to take the Critical Care Certification (CCRN) and Progressive Care Certification (PCCN) tests. Since vouchers have been offered, six nurses have become certified, validating their skills in these dedicated nursing specialties and demonstrating their commitment to nursing excellence.

Traveling Education — Looking at Skills in a New Way

A demand for hands-on skills and meeting staff where they are was identified by a team of medical-surgical educators at Froedtert Menomonee Falls Hospital and Froedtert West Bend Hospital. This team worked collaboratively to create an innovative educational solution to meet this need by offering a mobile “skills playground,” bringing education right to staff. This “skills playground” offers education in multiple modalities for learning including PowerPoints, short videos, tip sheets and a hands-on component with their educators and peers. It has been well-received by staff.

Changing and adapting to meet the needs of staff in this ever-changing health care arena is important, and we will continue to improve, collaborate on and grow to meet these needs.

Comments from Staff

“I loved in-person learning.”

“It was quick so it fit in any time.”

“During work hours was helpful.”

“It was great!”

“It was great I could jump in after shift change.”

2023 Milwaukee Journal Sentinel Nurse of the Year Winner and Nominees Representing the Community Hospital Division

Adam Arbogash, BSN, RN

Dena Bestul, RN

Shawna Boehlen, BSN, RN, CMSRN

Julie Brady, BSN, RN

Kristen Campbell, ADN, RN

Rachel Fick-Luplow, ADN, RN

Jennifer Finger, BSN, RN

Shelley Hart, RN, ACNS-BC, OCN

2023 Winner - Nurse of the Year
Joey Jaeger, ADN, RN

Joseph Jung, BSN, RN

Kristine Kelly, ADN, RN

Jacqueline Klotz, RN, MSN, CCRN

Ginger Knapp, MSN, RN, CEN

Kasey Knecht, BSN, RN

Courtney Lauer, BSN, RN

Janet Reichert, BSN, RN, CPAN

Danielle Ruplinger, ADN, RN

Kristy Schmidt, ADN, RN

Rebecca Skidmore, BSN, RN

Krystal Straschinske, ADN, RN

Sandy Winter, BSN, RN, CPAN

Daisy Award Winners 2022-2023

Chris Bath, ADN, RN

Brianna Burt, ADN, RN

Jayne Kaul, BSN, RN

Caroline Kohn, BSN, RN

Amra Lord, BSN, RN, GERO-BC

Sarah Malzewski, BSN, RN

Maisy Montesanto, BSN, RN

Jenny Thielmann, BSN, RN

Team DAISY Award Winners 2022-2023

Froedtert West Bend Hospital Birth Center

Kristin Ahrens, BSN, RN, IBCLC, Marilyn Rios, ADN, RN, and Ashley Lynn, BSN, RN

Froedtert Menomonee Falls Hospital 5th Floor Medical/Surgical Unit

Entire Team

Froedtert West Bend Hospital 3rd Floor Medical/Surgical Unit

Entire Team

Froedtert Menomonee Falls Hospital 4th Floor Ortho and Spine Unit

Entire Team

Excellence in Nursing Award and Excellence in Nursing Support Staff Award Nominees 2022-2023

(*indicates award winners)

Froedtert West Bend Hospital 2022

Alexa Bartelt

Samantha Nolan, BSN, RN

Candy Schellinger

Amber Singer*

Melissa Walsh

Tiffany Weina, ADN, RN, SANE

Sue Wolf, BSN, RN*

Froedtert Menomonee Falls Hospital 2022

Jennifer Belfield

Shontel Bradford

Michelle Carini, BSN, RN

Peter Chambers, BSN, RN

Heidi Fuerestenberg, RN

Jena Harper*

Katie Heisler

Kelly Keith

Amy Krier, ADN, RN, VA-BC

Maisy Montesanto, BSN, RN

Kristen Schieble, BSN, RN

Paige Seymer

Vanessa Tevich, BSN, RN*

Sandi Tracy, BSN, RN

Melissa Yochem, MSN, RN

Froedtert West Bend Hospital 2023

Laurette Baumann, ADN, RN *

Kristina Belyeu, BSN, RN

Therese Cole, ADN, RN

Jennifer Finger, BSN, RN

Suzanna Kelly*

Lisa Kunz

Amanda O'Brien

Erica Rust

Candy Schellinger

Amber Singer

Christin Sinjakovic*

Ashley Valente

Froedtert Menomonee Falls Hospital 2023

Jennifer Belfield

Sherry Bennet, BSN, RN, C-EFM

Robin Curry, MSN, RN, CPLC

Rosemary Eesley*

Kristen Eliszewski

Sarah Kust, BSN, RN

Pam Morici, ADN, RN

Ashley Painter, ADN, RN

Lindsey Schwarz, ADN, RN

Stephanie Smith, BSN, RN

Melinda Vanderheiden,

BSN, RN, CCRN*

Mindy Vang

Professional Development Portfolio Recipients — 2022

Mary Baerwald, ADN, RN, CCRN
Jennifer Belfield, OBT
Kelly Bishop, BSN, RN, RNC-OB
Laura Borelli, BSN, RN, RNC-OB
Diane Boxrud, BSN, RN
Geraldyn Breunig, BSN, RN
Melissa Callies, RN, IBCLC
Lisa Daniels, BSN, RN
Mary Davis, OBT
Lindsey Dejewski, BSN, RN
Jennifer Domagalski, BSN, RN
Amanda Duan, BSN, RN
Lindsey Eigner, BSN, RN
Samuel Garland, MSN, RN, CMSRN
Victoria Gehring, MSN, RN
Rachel Gomez, ADN, RN

Lindsay Griggs, BSN, RN
Kelly Keith, OBT
Nicole Kloehn, ADN, RN
Kelsey Klohn, ADN, RN
Rebecca Kumar, BSN, RN, CBCN
Amber La Mere, BSN, RN
Amy Lovy, BSN, RN
Ashley Lynn, BSN, RN
Sarah Malzewski, BSN, RN
Taylor Miller, EDT
Samantha Nolan, BSN, RN
Roxanne Ollinger, BSN, RN
Jaclyn Pesch, BSN, RN, CWOCN
Rebecca Pieters, ADN, RN
Karen Reed, CCT
Sara Rosenthal, MSN, RN

Courtney Rossiter, BSN, RN
Kristy Schmidt, ADN, RN
Terry Schroeder, ADN, RN, CNOR
Christie Schwind, BSN, RN
Amber Singer, OBT
Vanessa Tevich, BSN, RN
Matthew Tomey, BSN, RN, CCRN
Melinda Vanderheiden, BSN, RN, CCRN
Theresa Wagner, OBT
Tracey Weninger, BSN, RN
Julia Wilhelm, CCT
Nancy Winter-Miranda, CAN
Chelsey Wolf, BSN, RN
Stephanie Wolfe, BSN, RN

Professional Development Portfolio Recipients — 2023

Teresa Alagna, BSN, RN, CV-BC
Adam Arbogrash, BSN, RN
Rachel Bauer, BSN, RN
Laurette Baumann, ADN, RN
Amy Becker, BSN, RN
Kristina Belyeu, BSN, RN
Lisa Berens, BSN, RN
Tammy Boelk, BSN, RN
Alexis Breuer, BSN, RN, CBRF
Beth Bruns, BSN, RN
Nancy Bujak, ADN, RN
Rupinder Chahal, BSN, RN
Thomas Ciriacks, BSN, RN
Lindsay Cornelius, ADN, RN
Jean Curro, BSN, RN
Tammy Dassow, ADN, RN
Chanda Doll, BSN, RN
Sandra Dunnington, ADN, RN
Jennifer Eckart, BSN, RN
Carol Fero, ADN, RN, CCRN
Jennifer Finger, BSN, RN
Gina Fritz, BSN, RN
Julie Gallo, BSN, RN
Anna Goberman, BSN, RN
Jessica Goldnick, ADN, RN
Carmelita Go-Pheng, BSN, RN
Casey Grulkowski, ADN, RN, CV-BC

Brienna Hadjinian, BSN, RN
Jennifer Hedrick, ADN, RN
Julie Hembel, BSN, RN, OCN, CBCN, CN-BN
Meghan Hielsberg, BSN, RN, CWOCN
Amanda Hug, MSN, RN, CCRN
Marie Jerger, SA
Dawn Jeziorski, ADN, RN
Laurie Johnson, BSN, RN, CCRN
Kelsey Kaiser, BSN, RN
Jacqui Kaufman, ADN, RN
Gabriella Keidl, CCT
Angel King, ST
Brittini Kooiman, ADN, RN
Courtney Lauer, BSN, RN
Amra Lord, BSN, RN, GERO-BC
Nicole McHugh, ADN, RN
DeAnn Meyer, BSN, RN
Candice Olsen, BSN, RN
Katie Pankow, BSN, RN
Katherine Peterman, ADN, RN
Nora Plym, MSN, RN, CCRN
Jeanette Prince-Hestetune, CCT
Julie Rasmussen, BSN, RN
Katie Rasmussen, BSN, RN
Janet Reichert, BSN, RN, CPAN

Tera Rettman, EDT
Gwendolyn Roller, BSN, RN
Melanee Rosiak, BSN, RN, GERO-BC
Jeannette Rovge, ADN, RN
Sara Schneider, ADN, RN
Anthony Scholten, ADN, RN
Sherry Scott, BSN, RN, CMSRN, PCCN
Natalie Seiltz, BSN, RN, CLC/IBCLC
Becky Slaughter, AT
Christy Streyckmans, BSN, RN
Sarah Thielke, ADN, RN, SCRIN
Lana Timm, ADN, RN
Ashley Trad, BSN, RN, PCCN
Amber Turelli, BSN, RN
Jacqueline Usher, BSN, RN, RNC-OB
Amanda Van Ert, CCT
Serena Wagner-Avila, BSN, RN
Ashley Weber, BSN, RN, CV-BC
Patti Weisser, MSN, RN
Gina Wilson, ADN, RN, CBCN
Crystal Winter, BSN, RN
Sandra Winter, BSN, RN, CPAN
Amber Withrow, BSN, RN, CCRN
Bettina Wobig, BSN, RN

COVID-19 did not affect their stay in the way they had anticipated. The feedback that was obtained through the interview process further validated the support and reassurance provided by nurses given to all patients during the COVID-19 pandemic.

Improving C-Section Care Using Enhanced Recovery After Surgery Principles

Nurses who care for patients undergoing a Cesarean section (C-section) delivery are in a position to recognize the potential for improvement in the recovery process, which can help promote maternal-infant bonding and the mother's ability to care for her newborn. At Froedtert West Bend Hospital Birth Center, nurses identified that patients undergoing a C-section had potential for improvement in care as previous standards of practice may have prevented rather than facilitated a rapid recovery after a C-section birth.

Katie Rasmussen, BSN, RN, and Ashley Lynn, BSN, RN, along with Froedtert West Bend Hospital Birth Center Unit-Based Practice Council (UBPC) members, identified this opportunity to adopt evidenced-based practices from enhanced recovery after surgery (ERAS) principles with goals to:

- Decrease pain scores and reduce the use of opioids
- Promote exclusive breastfeeding
- Increase patient satisfaction
- Prevent catheter-associated urinary tract infections (CAUTI)
- Decrease length of stay
- Facilitate cost-effective care

In 2022, the Froedtert West Bend Hospital Birth Center implemented these changes to improve care after a C-section: screening patients for operative nausea risk and pre-operatively placing a scopolamine patch, discontinuing IV fluids earlier, allowing patients to eat food earlier, providing better pain control by scheduling Tylenol, Toradol and/or Motrin as well as increasing the use of abdominal binders, removing the indwelling urinary (Foley) catheter earlier and getting the patient up and walking faster. Since implementation, there has been much success in reaching these goals to improve care of patients after a C-section.

SNOO With NOWS Infants

The Froedtert West Bend Hospital Birth Center cares for the increasing population of infants experiencing Neonatal Opioid Withdrawal Syndrome (NOWS). NOWS infants are those exposed to certain substances in-utero and can show signs of withdrawal after birth such as fussiness, tremors, uncoordinated/excessive suck and inability to sleep. To standardize and improve the care of NOWS infants, Staci Bohling, BSN, RNC-ONQS, introduced the use of the SNOO and 5 S's - swaddling correctly, holding baby on side or stomach, shushing, swinging and sucking. SNOO is a smart bassinet that can soothe the infant by increasing motion and sounds to calm a crying infant. This method intends to show a sustainable reduction in health care utilization by decreasing length of stay and pharmacologic use. Data on satisfaction of parents and nurses as well as a decrease in length of stay is currently being collected.