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Dear Foundation Friends,

The first half of 2022 has continued to offer us some unexpected times. We began the year by navigating the COVID-19 surge, and then as we entered the spring we were able to adjust to much lower COVID patient volumes than we have faced since the beginning of last summer. Amidst the uncertainty of the early months of the year, the foundation remained busy as we continued to strengthen our connections with our donors and raise money for some specific needs for the hospital.

In place of our Spring Splendor tradition we held an online fundraiser at the end of April that raised over $100,000 to benefit the Cancer Center. Alongside that fundraiser we also launched a four-part Cancer Speaker Series that shares stories about healing, heroes and hope. This project created the opportunity for me to hear incredible stories from cancer patients which you will read about throughout this issue.

This spring, we also celebrated the achievements of the 2022 Froedtert Menomonee Falls Hospital Foundation scholarship recipients. This year’s scholarship program is supporting 33 students with over $81,000 in scholarships. You will find more about the scholarship program on pages 4–6.

On Aug. 13, we will celebrate the 25th anniversary of Wheeling & Heeling for Cancer presented by Ixonia Bank Mortgage Lending and Michael Best & Friedrich LLP. This tradition has evolved since the first bike ride in 1997 by adding walking and running as well as enhancing the peer-to-peer fundraising capabilities. Again this year participants will choose their own path to ride, walk or run before joining us for the family-friendly Parking Lot Party at the hospital. There will be free food, games, children’s activities and much more. We’re excited to host this popular event as we celebrate and honor those who have faced a journey with cancer.

Whether you are traveling this summer or staying close to home, be safe. Wash your hands, drink plenty of water and wear sunscreen as you enjoy the summer season.

Your partner in health,

Jessica Mulligan
Executive Director
BOARD MEMBER JIM HAZZARD BIDS GOODBYE AFTER A LONG CAREER OF SERVING

Jim Hazzard, the longest serving member on the Froedtert Menomonee Falls Hospital Foundation Board of Directors, retired from the role he assumed in May 1990. His last day as a board member was June 30.

For the last three decades he’s been a guiding and stable force, offering wit and wisdom for the volunteer board which helps raise money to enhance patient care and comfort.

A Waukesha County native, Jim’s professional career was spent at various banks where he held management positions. He retired in 2011. “The hospital is a tremendous asset and provides superior care to the Menomonee Falls community,” says Jim, who also served as board chair from 1991 to 1997.

More recently, Jim chaired the allocations committee, which reviews funding proposals of new equipment and programs from individual departments and service lines.

Jim and his wife Cathy, also an ardent foundation supporter, are members of the Evergreen Society as they have included the foundation in their estate planning.

Jim and Cathy have attended nearly every Spring Splendor Gala, the foundation’s signature fundraising event, since 1990. “Each and every year the new chairs of Spring Splendor have chosen unique themes and venues to hold our largest fundraiser. Months of planning and fundraising were truly enjoyed in an evening of nonstop fun!” recalls Cathy.

One of Jim’s fondest foundation memories is being part of the campaign from 1992 to 1994 which helped open the Cancer Center. “It was a proven necessary addition to our hospital services, and the campaign was extremely well received.”

Another point of pride: seeing the foundation’s endowment grow “to a level I would not originally thought possible.”

Jim’s time with the foundation has been thoroughly enjoyable and what he wants the community to remember is that all funds raised remain in the hospital in Menomonee Falls. “It’s truly local.”

Jim and Cathy’s retirement days are filled with volunteering throughout the community, travel and time with family and friends at their lake house during the summer.
This spring Froedtert Menomonee Falls Hospital Foundation enthusiastically awarded $81,000 to 33 students pursuing health care and health science degrees.

For more than 50 years, Froedtert Menomonee Falls Hospital and the foundation have annually supported local students and hospital staff members studying health care related fields. Some students are at the beginning of their studies while others are advancing their knowledge and expertise in order to better perform their jobs.

When the scholarship program started in 1970, scholarships were given to four recipients totaling $400. This long tradition of support has translated into $1.4 million awarded to more than 500 recipients over the last 52 years.

HATS OFF TO FUTURE HEALTH CARE WORKERS!

Noel Barger
Madison Barnes
Ellen Baumann
Mackenzie Brandt
Sydney Chambliss
Calvin Dassow
Khadijah Dhoondia
Alyssa Ferguson
Amanda Gilman
Lauren Gilmartin
Cameron Greiten
Cameron Hoffman
Abigail Hughes
Amber Kerkman
Hannah Hunstiger
Ellison Juern
Ella Karll
Gabriella Keidl
Gaige Labott
Savannah Landphier
Emily McCann
John Nieskes
Olubunmi Orunmoluyi
Lindsey Paul
Abigail Poehlman
Catherine Roehl
Emily Schulz
Amy Simon
Emma Stueland
Rebecca Tetzlaff
Kaylen Vine
Julia Wilhelm
Adriana Xiong

LEARN MORE ABOUT THE SCHOLARSHIP PROGRAM AT
WWW.FROEDTERT.COM/MENOMONEEFALLSFoundation/Scholarship
DONORS RECOGNIZE OUTSTANDING STUDENTS

The foundation awarded 12 special scholarships to local students and staff members. These scholarships are purposeful stories of donors giving back to the hospital by investing in the future while also recognizing outstanding individuals.

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Recipient</th>
<th>School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Robert &amp; Lydia Charlebois Scholarship</td>
<td>Rebecca Tetzlaff, advanced practice acute care nurse</td>
<td>Purdue University Global</td>
</tr>
<tr>
<td>Rochell M. Davis Scholarship</td>
<td>Mackenzie Brandt, nursing</td>
<td>MSOE</td>
</tr>
<tr>
<td></td>
<td>John Nieskes, psychiatry/mental health services</td>
<td>Cuyahoga Community College, Ohio</td>
</tr>
<tr>
<td>Richard J. Freiberg Memorial Scholarship</td>
<td>Cameron Hoffman, nursing</td>
<td>Marquette University</td>
</tr>
<tr>
<td>Ruth and Robert Holming Memorial Scholarship</td>
<td>Gabriella Keidl, biology</td>
<td>UW-Oshkosh</td>
</tr>
<tr>
<td>Jackie Irwin Scholarship</td>
<td>Olubunmi Orunmoluyi, nursing</td>
<td>Concordia University</td>
</tr>
<tr>
<td>Gladys Joecks Memorial Scholarship</td>
<td>Calvin Dassow, anesthesiology</td>
<td>Medical College of Wisconsin</td>
</tr>
<tr>
<td>Komas Family Nursing Scholarship</td>
<td>Ellen Baumann</td>
<td>UW-Madison</td>
</tr>
<tr>
<td></td>
<td>Ella Karl, nursing</td>
<td>Wisconsin Lutheran College</td>
</tr>
<tr>
<td>Robert P. McManus, MD Scholarship</td>
<td>Amy Simon, nursing</td>
<td>Moraine Park Technical College</td>
</tr>
<tr>
<td>Pamela Parker Scholarship</td>
<td>Abigail Hughes, nursing</td>
<td>UW-Oshkosh</td>
</tr>
<tr>
<td>Poehl Family Scholarship</td>
<td>Abigail Poehlman, physical therapy</td>
<td>Concordia University</td>
</tr>
<tr>
<td>Dennis M. Pollard Physical Therapy Scholarship</td>
<td>Cameron Greiten, exercise science and pre-physical therapy</td>
<td>Carroll University</td>
</tr>
<tr>
<td>Marguerite Preuss Scholarship</td>
<td>Emily McCann, nursing</td>
<td>Alverno College</td>
</tr>
</tbody>
</table>

READ ABOUT THE NAMED SCHOLARSHIPS AT FROEDTER.COM/MENOMONEEFALLSFUNDSFOUNDATION/SCHOLARSHIP
Ron Komas knows how to turn tragedy into hope. When his beloved wife Kathy passed away from breast cancer in June 2002, Ron took his grief and channeled it into projects that benefit future health care workers, support end-of-life care and honor his family.

Ron created the Komas Family Nursing Scholarship in 2018, awarded to nursing students through Froedtert Menomonee Falls Hospital Foundation. He helps select the recipients, meets them, listens to their stories and shares his own.

“I want to give back to the community in whatever way I can – financial guidance, scholarships and young professionals going into the health care field,” he says. “I strongly believe in nursing. They are true caregivers.”

Multiple nursing students are supported each year.

In addition to the scholarships, Ron also led the way with a project that has benefitted thousands of end-of-life patients and their families. He raised funds for Kathy Hospice in West Bend, an eight-bed residential hospice that has served more than 2,000 patients since opening in 2006.

Ron’s wife’s was the second family member to die of cancer in less than a year. His 15-month-old granddaughter Briana passed away from cancer months before Kathy.

Ron spent his professional career in corporate finance working for Gimbels, Boston Store and Zales before spending 20 years as vice president of risk management with Kohl’s Corporate. He traveled frequently for business before retiring in 2000.

After building Kathy Hospice he served on the boards for Froedtert West Bend Hospital and the hospital foundation. He then found his way to Froedtert Menomonee Falls Hospital Foundation where he’s been a board member since 2018.

“I’m a big believer in the entire Froedtert Health system and the Medical College of Wisconsin,” says Ron.

Ella Karll says receiving a scholarship from Froedtert Menomonee Falls Hospital Foundation is more than just financial assistance on her path to graduation.

“It’s also a reminder that I have a community supporting me as I grow and achieve my dreams. Working in the health care world can be challenging, especially during times such as the pandemic, but to know that the Foundation is standing behind me as I take on this responsibility is extremely comforting,” she says.

She’s also grateful to receive the Komas scholarship for three consecutive years as she can focus more on school and her family as opposed to working extra to pay for tuition.

“What I love the most about being a Komas Scholarship recipient is the relationship I have built with Ron. I communicate with him each semester and do my best to remind him of how appreciative I am and to honor him and his family. To know there is someone who chooses to invest in my future as a nurse means the world to me. It motivates me to continue on my career path despite how difficult it can be,” says Ella, who attends Wisconsin Lutheran College.

Ella, 19, now works at Froedtert Hospital as a certified nursing assistant in the Hematology Oncology and Palliative care unit with blood cancer patients.

Ella has a very personal connection with cancer as her mom Kerry was diagnosed with Stage 4 Squamous Cell Carcinoma in 2020.

“My mom passed away in November 2021. Once again this scholarship come at the right time, giving me the opportunity to release some of the worry and stress that comes with college tuition. At some point I would like to become a nurse practitioner in a cancer center and give back to the community that has given so much to me and my family.”
SPRING ONLINE FUNDRAISER SUCCESS

In April, the Spring Online Fundraiser raised over $100,000 for the Cancer Center at Froedtert Menomonee Falls. The release of the first video in the four-part Cancer Speaker Series kicked off the event which also received support from sponsorships, raffle ticket sales, online auction purchases and general donations.

Thank you to our generous donors and sponsors.

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Kathy and Dennis Pollard
Joseph M. and Sarah C. Schwab

CANCER SPEAKER SERIES

Cancer is a disease that impacts all of our lives. Sometimes we find ourselves as the ones facing cancer and sometimes it is a friend or loved one. Either way, we are all profoundly impacted by cancer.

In 2022 there will be over 1.9 million new cancer cases in the United States. In addition, millions of preventative cancer screenings have been missed the past two years. But an upward trend in survival rates and early detection allows for new hope in cancer care.

This spring Froedtert Menomonee Falls Hospital Foundation launched a multi-part Cancer Speaker Series, presented by Ryan Companies US, Inc. The videos share stories of Healing, Heroes & Hope from cancer survivors, family members and Cancer Center staff. The fourth and final video will be released later this summer.

Learn more about the Cancer Center in Menomonee Falls through the video series. Visit www.froedtert.com/cancer-speaker-series.

Healing, Heroes & Hope Intro
Jodi Klemm’s Story

Healing
Dave Polk’s Story

Heroes in the cancer journey
Dr. Lubna Chaudhary

Hope
April Underwood’s Story
Coming Aug. 2022

Summer 2022
The call from Abdel Alqwasmi, MD, a hematology and medical oncologist at Froedtert Menomonee Falls Hospital, came as Dave Polk was turkey hunting at his favorite spot in May 2021. Treatment for the malignant tumor found in his sinus cavity needed to begin immediately. Loss of hearing in his left ear prompted a visit to his primary care doctor earlier in 2021. One test after another ultimately showed he had Stage 3 head and neck cancer.

“To be honest, I was really scared,” said Dave, who lives with his wife Tina in Menomonee Falls. Treatment included weekly visits to the Infusion Room for chemotherapy. That’s where he met Jodi Klemm, an oncology nurse and cancer survivor.

Jodi lost both of her parents to cancer in 1996 and 2003 and she was part of their caregiving team along with her siblings. After they passed she became a nurse.

In 2010 she was diagnosed with Stage 2 breast cancer. At first, she was devastated but then embraced her illness and realized it wasn’t a death sentence. She began writing about her journey.

“Having battled cancer allows me to work with patients. I’ve thought all the thoughts that patients have and I’ve cried all of those tears. I would be remiss if I didn’t share part of myself with them,” Jodi says. “When patients say they can’t do this anymore I tell them, ‘If I can do it so can you.’”

Dave showed up to treatment the first day nervous and overwhelmed. The staff put him at ease.

“All the nurses told me that they were going to get me through this and they bent over backwards for me and they didn’t even know me,” Dave, 64, recalls. “They made me feel that I was going to recover and that I was going to get better.”

After Dave’s first chemotherapy session, daily radiation treatments were added which left him weak both physically and mentally. This was his lowest point. But he persevered and by late 2021 he was cancer free. He’s still unable to eat many of his favorite foods such as pizza and bread but his strength and abilities are returning.

“This facility is really important,” Dave says. “Without this place I may not be here today.”

Oncologist Joe Bovi, MD, says there’s a “secret sauce” in Menomonee Falls with the way the amazing nurses, physicians and clinicians work with patients. And all services – from surgeons to radiation oncologists to psychiatry and nutrition – are under one roof.

“We understand what it means to deliver exceptional care in a community setting,” he says.

Watch Dave and Jodi share their stories through the Cancer Speaker Series at froedtert.com/cancer-speaker-series.
I’m excited and honored to serve as the chair for the 25th annual Wheeling & Heeling for Cancer.

Please join me on Aug. 13 as we celebrate 25 years of Healing, Heroes and Hope!

**Healing** – There is something indescribably special about our Cancer Center here in Menomonee Falls. The doctors and staff deliver the best possible healing care for our patients, while making them feel like family. Patients receive state-of-the-art care, close to home.

**Heroes** – When I hear the word hero, I think of someone with outstanding strength and courage. That description fits every single cancer patient I treat. I also think of heroes when I consider the family members and friends of our cancer patients. It is incredibly important that each patient has a support system to rally around them, listen and participate in their treatment and healing process.

**Hope** – There is always hope in cancer care. The unique clinical trials we offer and constantly evolving treatment technologies are bringing improved outcomes to the patients we treat. I am so grateful to the greater Menomonee Falls community for the role they play in helping to inspire healing, heroes and hope. **Many of the patient comfort items and services we are able to offer have been funded by the generosity of this community through Wheeling & Heeling for Cancer.**

Thank you. I look forward to seeing you on Aug. 13!

Dr. Joe Bovi with his wife Amy and sons Elliot and Jonah.
The three-times-a-week appointments Denise Petrovich had in the Cardiopulmonary Rehabilitation Gym at Froedtert Menomonee Falls Hospital this winter were the highlight of her life. After suffering a heart attack her doctor ordered time in rehab to regain strength and improve her health.

“I feel so blessed that I was fortunate to work in a facility with such knowledgeable and caring people. I knew I needed to work extra hard to get healthy because I also needed to get my heart ready for an unrelated and needed surgery. The staff knew how and when to push me.”

Denise was among the first patients to exercise in the gym which was relocated to the hospital from North Hills Health Center in Fall 2021. The new space can accommodate double the number of patients with a bigger area for the exercise equipment. The gym is also open longer hours each week.

Relocation costs were partially funded through Froedtert Menomonee Falls Hospital Foundation with a significant donation from an Evergreen Society member. A portion of Roger and Joanne Wetterau’s legacy gift was designated to the Cardiopulmonary Rehabilitation Program and served as a catalyst to the foundation’s overall support.

Denise felt at ease working out in the gym because exercise physiologists and nurses were always nearby ready to help and keep patients safe. The goal of the program is to stabilize, slow or even reverse the progression of the underlying atherosclerotic process in patients with heart disease. “I was intimidated at first but the staff knew where I should start. I have a bad ankle, and the clinical staff showed me alternative ways to get my heart moving while also being sensitive to my ankle and mobility challenges. The program uses a holistic approach to rehabilitation by also including nutrition, cooking and stress management classes,” Denise says. “Even though some days were harder than others, I felt myself getting stronger. By the time I completed the program, I didn’t have to use my cane anymore.”

With the gym back at the hospital, patients are closer to emergency services if the need arises. In addition, services and equipment will be added for patients who may be unable to attend class in person and need a virtual option.

“Our staff of 10 exercise physiologists, nurses and registered
dietitian enjoy working with patients who sometimes come to the first session nervous and unsure of what they can do,” said Rachel Kenitz, manager of the Heart & Vascular Wellness Center and the rehabilitation gym. “By the time they complete the program they are physically stronger and ready to maintain the healthy lifestyle they spent weeks learning about.”

In June 2021 Jeff Royten of Brookfield had heart surgery after a frightening experience with extremely high blood pressure revealed the extent of his heart disease.

Following surgery just walking across the room was exhausting. The cardiac gym proved invaluable in his recovery. He worked hard to rebuild his health and stamina.

Recovery also meant big changes in diet as well. Always a meat and potatoes guy who loved “Pizza Friday,” Jeff has significantly reduced his salt and red meat intake and amp ed up eating fruits and veggies. A seafood allergy further limited his options, but his wife Sandy embraced the challenge greatly aided by the cooking classes included in the rehab program.

The educational videos and classes were quite eye opening. Grocery shopping and meal planning took longer initially, but was definitely worth it.

“When you start eating healthy you feel better pretty fast. I’ve eaten more salad in the past year than I did in my first 66 years,” Jeff says.

Today he feels great and is grateful every day for the excellent care provided by all those in the rehab program and cardiologist Subhashish Agarwal, MD, as well as the love and support of Sandy.

“We are a great team!” he says.

**WHAT IS THE EVERGREEN SOCIETY?**

The Evergreen Society recognizes those who have made a commitment to the future of Froedtert Menomonee Falls Hospital. There is no minimum to join the Evergreen Society and all gifts are truly appreciated. Donors can be named or remain anonymous.

Donors can leave a lasting legacy by including the hospital in estate plans. Gift options can significantly reduce taxes loved ones would otherwise owe to the government. There is a charitable gift option for every financial objective, and legacy gifts can be made without impacting current cash flow, lifestyle or family security.

Anyone can make a legacy gift with a specific dollar amount or percentage of an asset.

- Will/trust
- Retirement plan
- Life insurance
- Beneficiary designation from bank or brokerage account
- Non-cash assets such as stocks, mutual funds, real estate or business interests
- Real estate

For more information on the Evergreen Society, call the foundation office at 262-257-3200

The true meaning of life is to plant trees under whose shade you do not expect to sit.

- Nelson Henderson
SUPPORT THE CANCER CENTER IN MENOMONEE FALLS

Participate in Wheeling & Heeling for Cancer on Saturday, Aug. 13.
Register at events.froedtert.com

Text ugivehope to 243725

Donate online at froedtert.com/menomoneefallsfoundation