

This is an example medication template to provide to patients prior to surgery. Within the Froedtert Health system, it is available as Smart Text: **PAT FH PREOP MED INSTRUCTIONS.**

**Pre-Surgery Medication Instructions**

**Follow the medication instructions below. Your surgery may be cancelled if you do not follow the instructions.**

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| **Current Outpatient Medications** |
| Medication | Sig |
| • | albuterol HFA 108 (90 Base) MCG/ACT inhaler | Continue to take this medication as prescribed |
| • | amlodipine (NORVASC) 10 MG tablet | Continue to take this medication as prescribed |
| • | ibuprofen (MOTRIN) 800 MG tablet | Stop 7 days before surgery |
| • | metoprolol succinate (TOPROL XL) 25 MG extended release tablet | Continue to take this medication as prescribed |
| • | omeprazole (PRILOSEC) 20 MG delayed release capsule | Continue to take this medication as prescribed |

Over the counter medication instructions:

- Do NOT take Aspirin (or any medications containing Aspirin) 7 days before surgery

- Do NOT take anti-inflammatory medications (e.g. Aleve, Ibuprofen, Motrin, Advil) 7 days before surgery

- You may take Tylenol (acetaminophen)

- Do NOT take herbal medications, multivitamins, or vitamin E containing supplements 7 days before surgery

1. Please call the Preoperative Clinic at **414-805-6250** if your surgical date changes
2. You have questions about your medication instructions
3. If you start new medications
4. Your medications are changed before surgery
5. Someone gives you instructions that are different than the ones you received today

**Specific instructions are:**

**DO NOT STOP YOUR ASPIRIN before surgery if you have a stent(s) in your heart. Unless you have discussed the risk of stopping aspirin with your surgeon and cardiologist, you should continue aspirin until surgery, the day of your surgery and after surgery. Patients having brain surgery should stop aspirin.**