

Pathway to Parenthood Class Schedule

Class availability is not guaranteed

March 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
3 Breastfeeding 101 3:30-5:00 PM Returning to Work & Breastfeeding 5:30-7:00 PM	4 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	5	6 Caring for Baby 4:30-5:30 PM Prep for Parenthood 6:00-7:00 PM	7
10	11 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	12	13	14
17 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	18 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	19	20 Keeping Baby Safe 4:30-5:30 PM Caring for Baby 6:00-7:00 PM	21
24	25 Prep for Parenthood 4:30-5:30 PM Keeping Baby Safe 6:00-7:00 PM	26	27	28
31 Breastfeeding 101 3:30-5:00 PM Returning to Work & Breastfeeding 5:30-7:00 PM				



In-person classes have limited seats

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April 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
	1 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	2	3 Caring for Baby 4:30-5:30 PM Prep for Parenthood 6:00-7:00 PM	4
7	8 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	9	10	11
14 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	15 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	16	17 Keeping Baby Safe 4:30-5:30 PM Caring for Baby 6:00-7:00 PM	18
21	22 Prep for Parenthood 4:30-5:30 PM Keeping Baby Safe 6:00-7:00 PM	23 Prep for L&D 4:00-5:00 PM Going the Full 40 5:30-6:30 PM	24	25 Breastfeeding 101 1:00-2:30 PM Returning to Work & Breastfeeding 3:00-4:30 PM
28 Breastfeeding 101 3:30-5:00 PM Returning to Work & Breastfeeding 5:30-7:00 PM	29	30		

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May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	7	8	9
12	13 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	14	15	16
19	20 Prep for Parenthood 4:30-5:30 PM Keeping Baby Safe 6:00-7:00 PM	21 Prep for L&D 4:00-5:00 PM Going the Full 40 5:30-6:30 PM	22	23
26 Holiday No Classes	27 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	28	29 Caring for Baby 4:30-5:30 PM Prep for Parenthood 6:00-7:00 PM	30



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June 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	4	5	6
9 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	10 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	11	12 Keeping Baby Safe 4:30-5:30 PM Caring for Baby 6:00-7:00 PM	13
16	17 Prep for Parenthood 4:30-5:30 PM Keeping Baby Safe 6:00-7:00 PM	18 Prep for L&D 4:00-5:00 PM Going the Full 40 5:30-6:30 PM	19	20 Breastfeeding 101 1:00-2:30 PM Returning to Work & Breastfeeding 3:00-4:30 PM
23 Breastfeeding 101 3:30-5:00 PM Returning to Work & Breastfeeding 5:30-7:00 PM	24 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	25	26 Caring for Baby 4:30-5:30 PM Prep for Parenthood 6:00-7:00 PM	27
30				

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July 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	3 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	4 Holiday No Classes
7 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	8 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	9	10 Keeping Baby Safe 4:30-5:30 PM Caring for Baby 6:00-7:00 PM	11
14	15 Prep for Parenthood 4:30-5:30 PM Keeping Baby Safe 6:00-7:00 PM	16 Prep for L&D 4:00-5:00 PM Going the Full 40 5:30-6:30 PM	17	18
21	22 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	23	24 Caring for Baby 4:30-5:30 PM Prep for Parenthood 6:00-7:00 PM	25 Infant CPR/choking 1:00-2:00 pm Infant CPR/choking 2:30-3:30 pm
28	29 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	30 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	31	



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August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Infant CPR/choking 1:00-2:00 pm Infant CPR/choking 2:30-3:30 pm
4 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	5 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	6	7 Keeping Baby Safe 4:30-5:30 PM Caring for Baby 6:00-7:00 PM	8
11	12 Prep for Parenthood 4:30-5:30 PM Keeping Baby Safe 6:00-7:00 PM	13 Prep for L&D 4:00-5:00 PM Going the Full 40 5:30-6:30 PM	14	15 Breastfeeding 101 1:00-2:30 PM Returning to Work & Breastfeeding 3:00-4:30 PM
18 Breastfeeding 101 3:30-5:00 PM Returning to Work & Breastfeeding 5:30-7:00 PM	19 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	20	21 Caring for Baby 4:30-5:30 PM Prep for Parenthood 6:00-7:00 PM	22
25	26 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	27 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	28 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	29

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September 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
1 Holiday No Classes	2 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	3	4 Keeping Baby Safe 4:30-5:30 PM Caring for Baby 6:00-7:00 PM	5 Infant CPR/choking 1:00-2:00 pm Infant CPR/choking 2:30-3:30 pm
8	9 Prep for Parenthood 4:30-5:30 PM Keeping Baby Safe 6:00-7:00 PM	10 Prep for L&D 4:00-5:00 PM Going the Full 40 5:30-6:30 PM	11	12 Breastfeeding 101 1:00-2:30 PM Returning to Work & Breastfeeding 3:00-4:30 PM
15 Breastfeeding 101 3:30-5:00 PM Returning to Work & Breastfeeding 5:30-7:00 PM	16 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	17	18 Caring for Baby 4:30-5:30 PM Prep for Parenthood 6:00-7:00 PM	19
22	23 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	24 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	25 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	26
29 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	30 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm			

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October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Keeping Baby Safe 4:30-5:30 PM Caring for Baby 6:00-7:00 PM	3 Infant CPR/choking 1:00-2:00 pm Infant CPR/choking 2:30-3:30 pm
6	7 Prep for Parenthood 4:30-5:30 PM Keeping Baby Safe 6:00-7:00 PM	8 Prep for L&D 4:00-5:00 PM Going the Full 40 5:30-6:30 PM	9	10 Breastfeeding 101 1:00-2:30 PM Returning to Work & Breastfeeding 3:00-4:30 PM
13 Breastfeeding 101 3:30-5:00 PM Returning to Work & Breastfeeding 5:30-7:00 PM	14 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	15	16 Caring for Baby 4:30-5:30 PM Prep for Parenthood 6:00-7:00 PM	17
20	21 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	22	23	24
27	28 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	29 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	30 Keeping Baby Safe 4:30-5:30 PM Caring for Baby 6:00-7:00 PM	31

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November 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Prep for Parenthood 4:30-5:30 PM Keeping Baby Safe 6:00-7:00 PM	5 Prep for L&D 4:00-5:00 PM Going the Full 40 5:30-6:30 PM	6	7 Breastfeeding 101 1:00-2:30 PM Returning to Work & Breastfeeding 3:00-4:30 PM
10 Breastfeeding 101 3:30-5:00 PM Returning to Work & Breastfeeding 5:30-7:00 PM	11 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	12	13 Caring for Baby 4:30-5:30 PM Prep for Parenthood 6:00-7:00 PM	14 Infant CPR/choking 1:00-2:00 pm Infant CPR/choking 2:30-3:30 pm
17	18 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	19 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	20 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	21
24 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	25 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	26	27 Holiday No Classes	28

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December 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Prep for Parenthood 4:30-5:30 PM Keeping Baby Safe 6:00-7:00 PM	3 Prep for L&D 4:00-5:00 PM Going the Full 40 5:30-6:30 PM	4	5 Breastfeeding 101 1:00-2:30 PM Returning to Work & Breastfeeding 3:00-4:30 PM
8 Breastfeeding 101 3:30-5:00 PM Returning to Work & Breastfeeding 5:30-7:00 PM	9 Going the Full 40 4:00-5:00 PM Prep for L&D 5:30-6:30 PM	10	11 Caring for Baby 4:30-5:30 PM Prep for Parenthood 6:00-7:00 PM	12 Infant CPR/choking 1:00-2:00 pm Infant CPR/choking 2:30-3:30 pm
15	16 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	17 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	18 Infant CPR/choking 4:30-5:30 pm Infant CPR/choking 6:00-7:00 pm	19
22 Returning to Work & Breastfeeding 3:30-5:00 PM Breastfeeding 101 5:30-7:00 PM	23	24 Holiday No Classes	25 Holiday No Classes	26
29	30	31 Holiday No Classes		