Pharmacological Stress Test Cardiac Imaging - Outpatient

Your doctor has ordered a Pharmacological Stress Test with Cardiac Imaging.

Appointment Information:

Time: ________________________
Day: ________________________
Date: ________________________
Location: ________________________

If you are not able to keep your appointment, please call (414) 805-3771. We are open Monday through Friday, 8:00am-4:30pm.

Special Instructions:

If you are pregnant (or think you may be pregnant), or if you are nursing a baby, please inform your doctor before your appointment is scheduled.

If you are diabetic, we will call you with special prep instructions.

You should not eat, drink or smoke after midnight the night before the test. You may drink water.

DO NOT drink beverages with caffeine in them (such as coffee, tea, colas, hot cocoa) or eat chocolate the day before the test. Please do not drink decaffeinated beverages because they do contain some caffeine.

Tell your doctor if you are taking Theophylline, Aggrenox, or any other breathing medications.

- You need to be off Aggrenox for 24 hours and Theophylline for 48 hours before the test.
- Inhalers for breathing should continue to be used.
- You need to be off of nitroglycerin for 4 hours before the test

*Please bring a list of your medications with you, along with your inhalers.

What is Pharmacological Stress Test Cardiac Imaging?

Pharmacological Stress Test Imaging will check the blood perfusion of your heart. This test takes about 3 hours.

During the first part of the test, an I.V. will be started in your arm. You will receive an injection of a radioactive tracer. You will lie on an imaging table while a large camera takes pictures of your heart. This will take about 10 minutes.

You will then receive a medication through your I.V. Your blood pressure and heart rhythm (EKG) will be monitored for 8-10 minutes. At this time, another radioactive tracer that shows blood perfusion of your heart will also be injected into your I.V.

Following the Stress Test:

You are allowed to eat and drink. You will be asked to return in 45-60 minutes for another imaging session that will take 10 minutes.

REMEMBER...our staff is here to help you. If you have questions about any part of this test, please ask.

Nuclear Medicine Tests are performed in two different locations at Froedtert. You will receive a phone call to confirm which of these locations your test will be completed in.
• For the Nuclear Medicine Department, enter the campus on 87th Street. Follow the signs to Parking Area 3. Take the parking structure elevator to level D. The bridge leads to the 2nd floor of the Specialty Clinics Building. Follow the signs to Nuclear Medicine.
• For the Center for Advanced Care (CFAC), enter the campus on 92nd Street. Follow the signs to Parking Area 5. Take the elevators to the 4th Floor. Follow the signs to the Heart and Vascular Department check in desk.

After the test:
Follow up with your doctor for results. You may resume your regular activity and diet.

Special Instructions:

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